Government funded help to stay living at home

- Those who need short term help to get back to what they used to do (***Short Term Restorative Care***)
- Those transitioning back home after a hospital stay (***Transition Care***)
- Those who need some minor help here and there (***Commonwealth Home Support Program - CHSP***)
- Those who need a multi-service approach to remain at home (***Home Care Package - HCP***)

SERVICE EXAMPLES

- AROUND THE HOUSE
  - Domestic assistance
  - Meal preparation
  - Flexible respite
  - Home modifications
  - Lawn maintenance

- PERSONAL CARE
  - Shower and grooming
  - Physiotherapist
  - Support & mobility aids
  - Continence advisory
  - Dementia advisory

- OUT AND ABOUT
  - Transport
  - Day activity centers
  - Social support

HCP Example: CHRISTOPH

Christoph is 77:

- Limited mobility and chronic pain
- He lives alone with little support
- He is keen to keep meeting up with friends

With My Aged Care, Christoph receives a Level 2 Home Care Package

- A care helper comes every week for 2 hours to do light cleaning of his kitchen, floor and bathroom. On alternate weeks, he is taken out to do shopping.
- A physiotherapist comes once every 2 weeks to help manage his pain
- He saves up a bit of the package to modify his bathroom to install rails, purchase a shower chair and get a 4 wheeled walker.

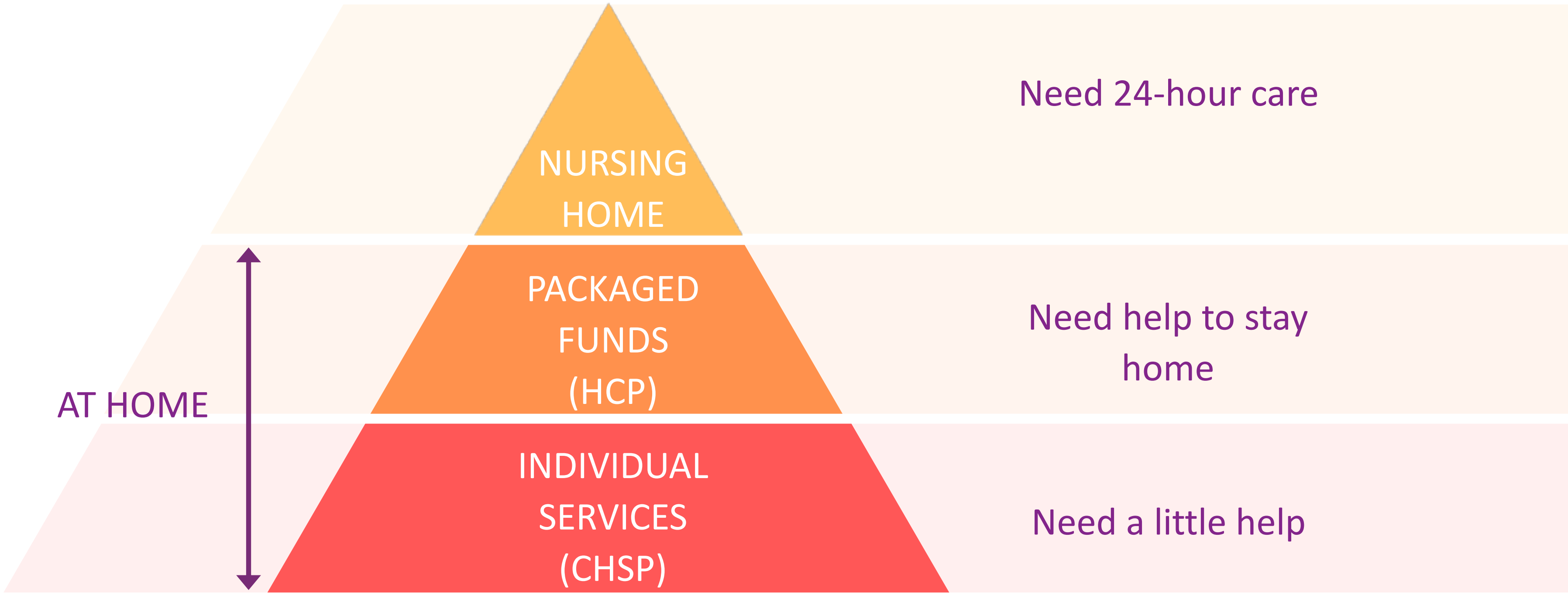
Government help to stay living at home

- Focus on re-ablement and to maintain function

Keys to healthy living and wellbeing

- Move (Exercise)
- Eat well (Diet)
- Connect (Deep friendship)
- Right outlook (Meaning)

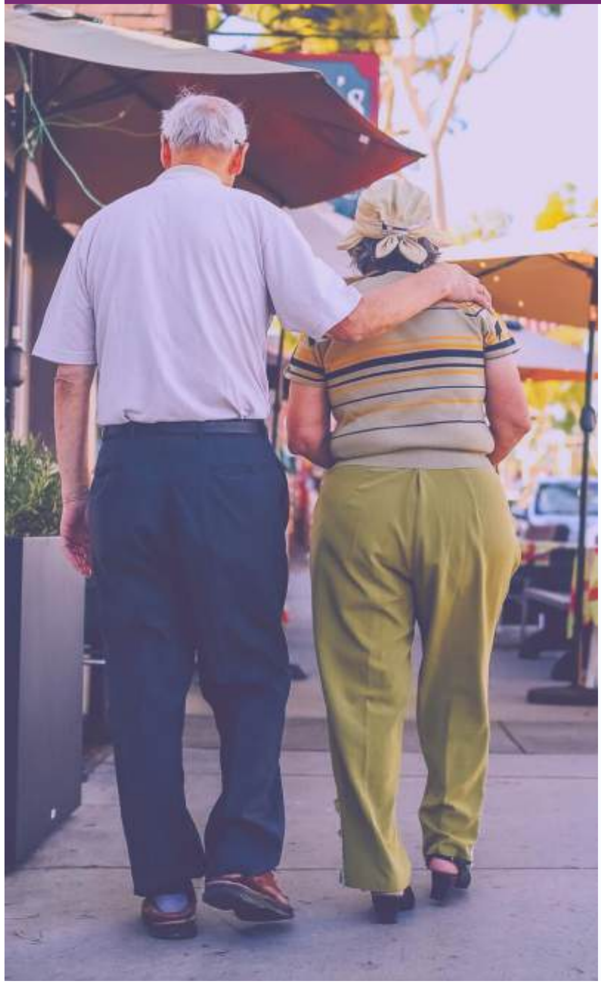
DIFFERENT LEVELS OF CARE SERVICES



CARE LEVELS

https://www.myagedcare.gov.au/help-at-home

HCP Example: Carson



Carson is a pensioner:

- He has a Home Care Package Level 3
- He does not have to make any contributions to the package
- He deals with ***one*** Aged Care Provider, who:
  - Has a case manager to coordinate the package with him
  - Creates a plan and budget for care and services
  - Delivers care and services with internal/external resources
  - Will monitor and review the plan, making changes as necessary.

HOME CARE PACKAGE (HCP) FUNDING

HOME CARE PACKAGE FUNDING 1/7/2025	HOME CARE PACKAGE LEVEL			
	1 BASIC	2 LOW-LEVEL	3 INTERMEDIATE	4 HIGH LEVEL
ANNUAL	$10,931.75	$19,224.55	$41,847.25	$63,440.65
Monthly	$910.98	$1,602.05	$3,487.27	$5,286.72
Weekly	$210.23	$369.70	$804.75	$1,220.01

EXAMPLE BUDGET

A fixed amount is deducted each week for these two fee types.

These are service-related costs. Can be one off or recurring.

Hope Holistic Care Client Budget

HOPE HOLISTIC CARE
展望全人護理

NB: A statement is issued monthly and charged in arrears.

Consumer Name: [redacted]

HCP: Level 2

Start Date: 27/5/2024

Review Date: 23/11/2024

As at date: 27/5/2024

Item	Weekly Amount	Balance
Funding	$ 346.43	$ 346.43
Care management fee	$ (45.04)	$ 301.39
Package management fee	$ (41.57)	$ 259.82
Expenses		
Domestic Assistance 2 hr fortnightly at $66.50 per hour	$ (66.50)	$ 193.32
Podiatry - 6 weekly 0.72 hr monthly at $130.00 per hour	$ (21.60)	$ 171.72
	Remaining	$ 171.72

Unspent funds can accumulate and roll over to the next month. It is never clawed back.

	Weekly	Monthly	Yearly
Funding	$ 346.43	$ 1,505.32	$ 18,063.85
Management fees	$ (86.61)	$ (375.30)	$ (4,503.59)
Expenses	$ (88.10)	$ (381.77)	$ (4,581.20)
Remaining	$ 171.72	$ 748.26	$ 8,979.06

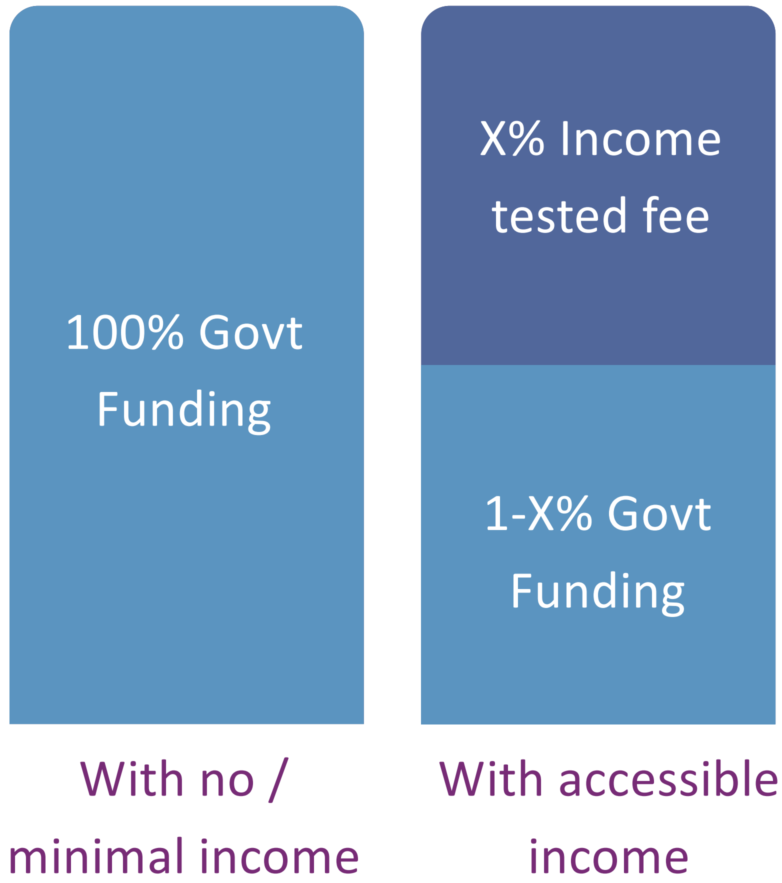
HCP CONTRIBUTION

Package funding example:

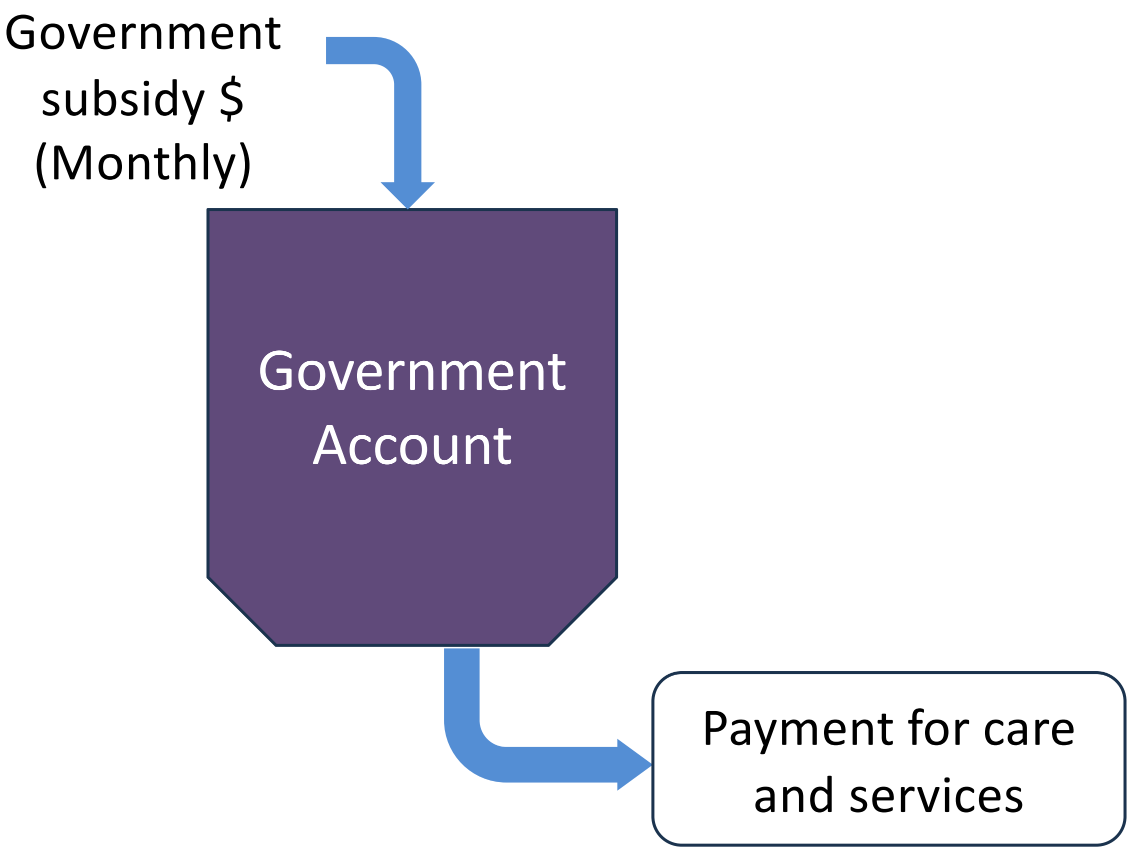
- HCP Level 2
- $19,224.55 per year

Income test fee:

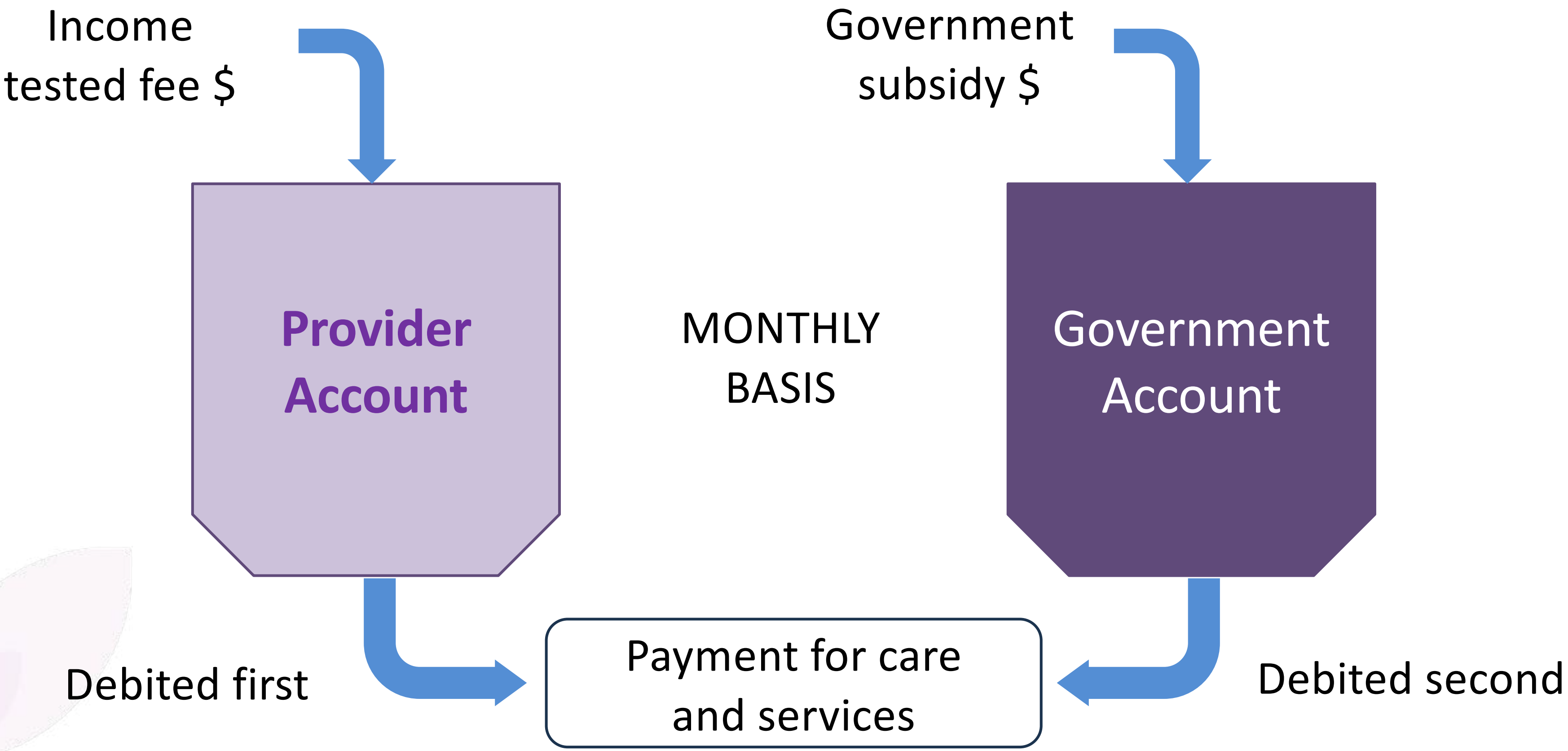
- Up to $13,760.50 per year



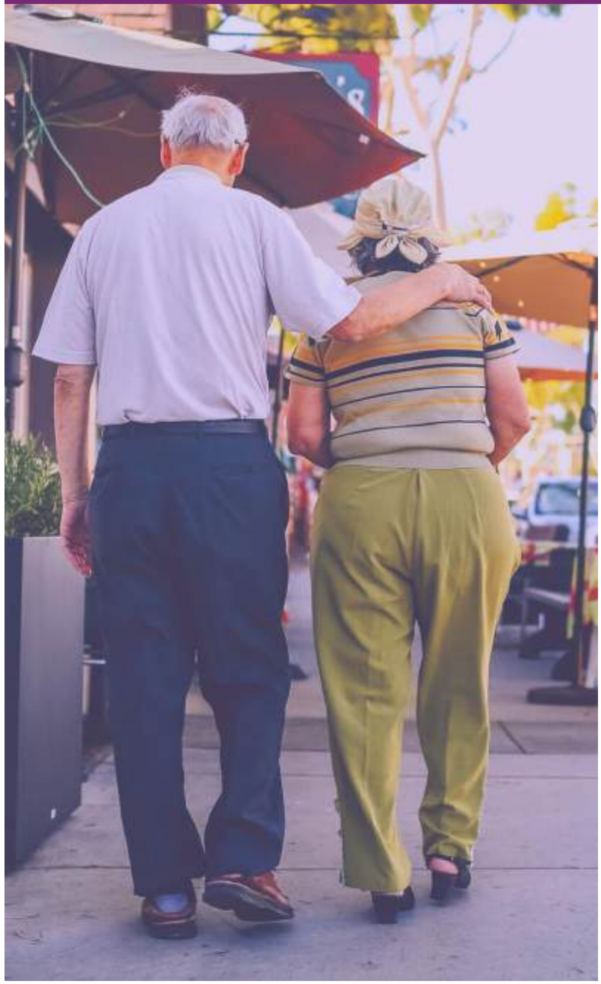
HCP – Deposit Accounts – Pensioners



HCP – Deposit Accounts – Part/Non-Pensioners



HCP EXAMPLE: BOB



Bob is on Level 3 Home Care Package

- The funding is $40,529.60 per year, or $3,377.47 per month
- They earn an income through their investment properties and shares

Therefore, each month:

- Bob deposits $1,000.00 to the package each month in advance
- The government sets aside $2,377.47 to the package account

He uses 5 hours of service each week @ $70/hr:

- There are $1,517 worth of charges per month.
- $1,000 is deducted from Bob’s contributions
- $517 is paid by the Government
- Bob has $1,860.47 in the HCP saved for future spending; provided he exhausts his funds from his income tested fee payments first.

ELIGIBILITY FOR UPGRADE IN FUTURE

- Have noticed a change in what you can do or remember
- Have been diagnosed with a medical condition or reduced mobility
- Have experienced a change in family care arrangements, or
- Have experienced a recent fall or hospital admission
- Have had mood changes on a regular basis